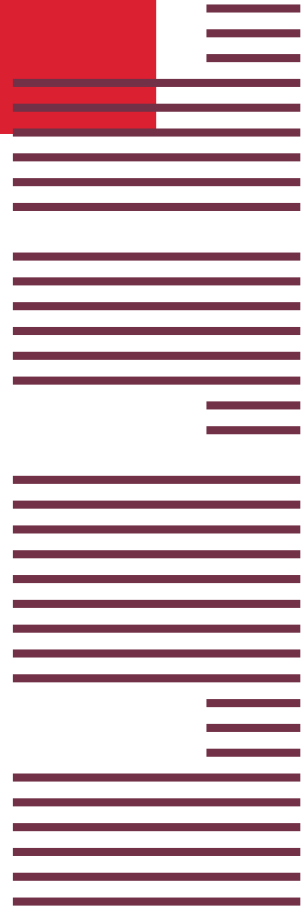


ELEKTRA KATALON

EM15



TRAVEL
GUIDE

With Montréal as the backdrop to EM15, you can also take in the exceptional food scenes and other other bewitching delights that characterize the city. So that you can make the most of what Montréal has to offer, we've prepared a simple guide filled with recommendations for shopping, eating out and discovering surrounding neighbourhoods. Obviously, this is just an overview of what our great city has on offer. See this guide as the first steps in your journey. EM15 wishes you a wonderful time exploring Montréal!

THE DIGITAL SPRING

Montréal, a capital of digital art, presents a brand new season full of discovery during its first Digital Spring. A promotional initiative of special events hosted by the various digital arts organizations in Montréal, comprising more than 75 exhibitions, installations, immersive experiences, performances and public art interventions the season lasts until the summer solstice. Visit www.printempsnumerique.ca for the detailed program.

QUARTIER DES SPECTACLES

Generally quiet during Montréal's long hibernation period, at first blossoming in the spring, the city comes alive at its core, as it launches festival season and people return to the streets in droves. At the heart of so much collective activity, downtown oozes with anticipation and promise. While going from the MAC to the Impérial, or while walking to the Métropolis at night, witness how the area, also home to the red light district, takes on an entirely other, after hours flavour. Replete with characters, hustlers and tourists, this stretch of downtown also struts sophistication and sensuality with its media facades and playground sensibility.

EATING DOWNTOWN

FURCO

Top food, top atmosphere - \$\$
425 Mayor
514.764.3588
Open 7/7 from 4pm - KITCHEN: SUN-MON: 5pm-10pm -
TUE-SAT: 5pm-midnight
www.barfurco.com

CAFÉ PARVIS

Top coffee, top pizzas, top prices - \$
433 Mayor
514.764.3589
MON: 7am-4pm - TUE-FRI: 7am-11pm - SAT: 5:30pm-11pm

BLEURY BAR À VINYLE

Secret terrace, great drink prices and exceptional music - \$
2109 Bleury
514.439.2033
TERRACE: TUE-WED: 5:30pm-1am - THU-SAT: 4pm-1am
www.vinylebleury.ca

PIKOLO CAFÉ

A coffee master- \$
3418B Parc
514.508.6800
MON-FRI: 7am-7pm - SAT-SUN: 9am-7pm
www.pikoloespresso.com

RENOIR

Eco-gastronomy - local food - \$\$\$\$
1155 Sherbrooke West
514.285.9000
EVENING: 7/7-5pm-10:30pm / MON-FRI: BREAKFAST: 6am-11am
/ LUNCH: 12pm-3pm / SAT-SUN / BRUNCH-LUNCH: 6am-3pm
www.restaurant-renoir.com

LE CHEVAL BLANC

A beer lovers paradise - \$
809 Ontario East
514.522.0211
7/7 - 3pm-3am
wordp.lechevalblanc.ca/wp/

FOU D'ICI

"Eat local" flagship grocery store - prêt à manger - \$\$\$
360 Maisonneuve West
514.600.3424
MON-FRI: 8am-8pm - SAT: 9am-6pm
www.foudici.com

SHOPPING DOWNTOWN

LIBRAIRIE FORMAT

Amazing book shop specialized in contemporary art and literature.

2 St. Catherine East

514.842.5579

TUE: 11am-5pm - WED-FRI: 11am-7pm - SAT: 12pm-5pm

www.librairieformats.org

ATOM HEART

Record shop offering an extensive collection of underground rock and electronic.

364 Sherbrooke East

514.843.8484

MON-WED: 11am-6pm - THU&FRI: 11am-9pm -

SAT: 11am-5pm - SUN: 12pm-5pm

www.atomheart.ca

PAPETERIE NOTA BENE

Collection of note books and paper products from all over the world

3416 Parc

514.485.6587

MON-FRI: 11am-7pm - SAT: 11am-5pm

www.nota-bene.ca

MUST VISITS DOWNTOWN

BELGO

Montréal's largest centre of visual art galleries

all in one building

372 St. Catherine West

www.thebelgoreport.com

THE MAIN / ST. LAURENT

A street full of contradictions, almost bi-polar, the line between French and English neighbourhoods, where underground loft parties anonymously meet massive nightclubs; here's where the two solitudes come together to hang out, share a drink, explore fashion, furniture and food.

Tip: The 55 bus along St. Laurent will take you all the way up and down the Main. To head north just catch the bus on St. Laurent - to head south catch it on St. Urbain (one block west of St. Laurent).

EATING ON THE MAIN

MONTREAL POOL ROOM

Fast-food institution and across the road from notorious show bar, Café Cléopatra - \$

1217 St. Laurent

514.954.4487

7/7 - 10pm-4am

BOUILLON BILK

Impossible to be disappointed- \$\$\$

1595 St. Laurent

514.845.1595

LUNCH / MON-FRI: 1:30pm-2:30pm -

EVENING / MON-SUN: 5:30pm-11pm

www.bouillonbilk.com

SUWU

Excellent cocktails, snacks and ambiance - \$\$

3581 St. Laurent

514.564.5074

MON-FRI: 11am-2:30pm - 5pm-3am -

SAT&SUN: 11am-3am

www.suwumontreal.com

BUNS HAMBURGER

Real meat! Real burgers! - \$

3673 Saint-Laurent

514.759.7799

SUN-WED: 11:30am-12am - THUR-SAT: 11:30am-4am

BOMBAY MAHAL EXPRESS

Indian food + delivery service - \$

3681 St. Laurent

438.386.3331

MON-WED: 11am-10pm - FRI-SUN: 11am-11pm - SUN: 12pm-10pm

www.bombaymahalexpress.ca

BIG IN JAPAN

Japanese fusions - intimate ambiance- \$\$\$

3723 St. Laurent

514.847.2222

MON-WED: 11am-3am - SAT-SUN: 4pm-3am

SCHWARTZ'S

Smoked meat Paradise - \$
3895 St. Laurent
514.842.4813
SUN-THU: 8am-0:30am - FRI: 8am-1:30am -
SAT: 8:30am-2:30am
www.schwartzsdeli.com

LAÏKA

Excellent music, ambiance and food, and
a community meeting place for 15 years - \$\$
4040 St. Laurent
514.842.8088
MON-THU : 8:30am-2am - FRI : 8:30am-3am -
SAT : 9am-3am - SUN : 9am-2am.
The kitchen closes depending on how busy things are, but
expect to eat until 2am during weekends!
www.laikamontreal.com

HOF KELSTEN

Bread, sandwich and coffee. Their aim: the best bread in MTL. -
\$
4524 St. Laurent
WED-SUN: 8am-7pm
www.hofkelsten.com

SHOPPING ON THE MAIN

EVA B

Vintage clothing institution
2015 St. Laurent
514.849.8246
www.eva-b.ca

STATION 16

Urban art gallery
3523 St. Laurent
514.849.8016
MON-FRI: 9am-7pm - SAT: 12pm-5pm
www.station16shop.com

FREITAG CONPET

Lovely jewels, with a made in MTL focus
3762 St. Laurent
514.845.1788

MOOG AUDIO

Musical instruments shop with great selection
of machines and synths
3828 St. Laurent
514.284.7434
MON-WED: 10am-6pm - THU&FRI: 10am-9pm -
SAT: 11am-6pm - SUN: 12pm-5pm
www.moogaudio.com

IBIKI

Hip fashion
4357 St. Laurent
514.509.1675
MON-WED: 12pm-7pm - THU&FRI: 12pm-9pm-
SAT&SUN: 12pm-5pm
www.ibiki.co

AUX VIVRES

Vegan cuisine, juice bar + express service - \$
4631 St. Laurent
514.842.3479
MON-FRI: 11am-11pm - SAT&SUN: 10am-11pm
www.auxvivres.com

LE COMPTOIR CHARCUTERIES ET VINS

Outstanding quebecois food - very convenient
with a late night kitchen - \$\$
4807 St. Laurent
514.844.8467
LUNCH: TUE-FRI&SUN: 10:30am-2pm - EVENING 7/7 : 5pm-12am
www.comptoircharcuteriesetvins.ca

LE CAGIBI

Café, food, music and art - \$
5490 St. Laurent
514.509.1199
MON: 6pm-12am - TUE-FRI: 9am-1am -
SAT: 10:30am-1am - SUN: 10:30am -12am
www.lecagibi.ca

V D E V

Vintage furniture and design shop
5042 St. Laurent
514.277.8484
MON-WED: 10am-6pm - THU&FRI: 10am-9pm - SAT: 10am-
5:30pm - SUN: 10am-5pm
www.vdevmaison.com

GÉNÉRAL 54

Female fashion, from Montreal designers and elsewhere.
5145 St. Laurent
514.271.2129
MON-WED: 11am-6pm - THU&FRI: 11am-8pm - SAT&SUN: 11am-
5pm
www.general54.blogspot.ca

LA FIN DU VINYLE / THE DEATH OF VINYL

Catacombs record shop
6307 St. Laurent
514.495.2786
MON-WED: 11am-7pm - THU&FRI: 11am-9pm- SAT: 12pm-6pm -
SUN: 12pm-5pm
www.deathofvinyl.com

WEST OF THE MAIN

MOUNT ROYAL PARK

It's our own Central Park, and co-designed by the same landscape architect, Frederick Law Olmsted. It's at the top of the "mountain" that you will enjoy the very best views of Montréal. While walking up there will definitely burn some calories, the other option would be the number 11 bus - Montagne Direction West, which you can catch at the corner of St. Laurent and Mont-Royal.

SOUTH OF THE MAIN

CHINATOWN

Established in the mid 1800s by Chinese immigrants working in the mines and railroads, today the neighbourhood continues to be the centre of the Chinese community, which celebrates many of its traditional holidays and festivals here. From natural medicines and great tea shops, the food is also varied and cheap! Plus very close to all the EM15 venues. (Though you should also check out Chinatown 2, located west along St. Catherine, around St. Mathieu).

EATING IN CHINATOWN

MAISON KIM FUNG

Dim Sum specialist - \$\$
1111 St. Urbain
514.878.2888
7/7 - 7am-3pm & 4:30pm-10pm
www.restaurantchinatownkimfung.com

NOODLE FACTORY

Home made noodles, super fast service - \$
1018 St. Urbain
514.868.9738
7/7 - 11am-10pm
www.restonoodlefactory.com

MAI XIANG YUAN

Craziest dumplings - \$
1084 St. Laurent
514.875.1888
7/7 - 11am - 9pm

SUMO RAMEN

Perfect Japanese soup - \$\$
1007 St. Laurent
514.940.3668
7/7 - 11am-10pm

MY CANH

Excellent vietnamese- \$
1086 St. Laurent
514.398.9407

CHEZ BONG - \$

One of the best Korean bibimbaps going
1021 Boulevard St. Laurent
514.396.7779

PENG CHENG FOOT MASSAGE

Affordable foot relief!
1065C St. Laurent
514.393.0886

KAZU - \$\$\$

Tiny dynamic Japanese bistro. Outstanding food.
Expect a lineup but so worth it
1862 St. Catherine West
514.937.2333
<http://kazumontreal.com>

MEI - \$

Real soup dumplings, tremendous cold spicy
noodle dishes - very affordable
1425 Mackay
514.288.1314

MILE END

Considered the trendiest neighbourhood in town, and often compared to Williamsburg in Brooklyn, it's home to world famous musicians, artists, and independent galleries and shops, not to mention some of the best ethnic and new creative food cultures.

TIP: The 80 Bus on Parc goes north to south every 10 minutes. To head north, catch it at the exit of Place des Arts metro on President Kennedy Avenue. Wait on Parc Avenue, pointing south to come back to EM15, and get off once you arrive at Place des Arts metro. At night the Bus changes to 365 Parc. Same route.

EATING IN THE MILE END

LUSTUCRU

Best tartare in MTL - raw bar - \$\$\$
5159 Parc
514.439.6701
MON-WED: 5pm-10:30pm - THU-SAT: 5pm-11:30pm
www.bistolustucru.com

LA BUVETTE CHEZ SIMONE

What a buvettel Curated
and accessible wine list - \$\$\$
4869 Parc
514.750.6577
7/7 4pm-3am
www.buvettechezsimone.com

DIEU DU CIEL

Micro-brewery - \$
29 Laurier West
514.490.9555
FRI-SUN - 1pm-3pm - MON-THU: 3pm-3am
www.dieuduciel.com

CHEZ BORIS

Donut and coffee - \$
5151 Parc
514.900.1965
MON-THU: 9am-6pm - FRI-SUN: 9am-9pm
www.chezboris.ca

SHOPPING IN THE MILE END

DRAWN & QUARTERLY

Book store, comic books specialist, the kind a shop where you want to buy every single item!
211 Bernard West
514.279.2224
www.drawnandquarterly.com

PHONOPOLIS

Record shop
207 Bernard West
514.270.4442
MON-SAT: 11am-5pm - SUN: 12pm-6pm
www.phonopolis.ca

SALA ROSA

Amazing tapas, infamous and amazing live venue - \$
4848 St. Laurent
514.844.4227
DIM-JEU : 17h00-23h00 - VEN-SAM : 17h00-00h00
www.lasalarossa.com

NOUVEAU PALAIS

Deluxe casse-croute - \$\$
281 Bernard West
514.273.1180
TUE&WED: 11am-3pm + 5:30pm-12am - THU-SAT: 11am-3pm + 5:30pm-3am
www.nouveaupalais.com

LA PANTHÈRE VERTE

Vegan - organic- falafel paradise - \$
66 St. Viateur
514.508.5564
MON-SAT : 11am-10pm - SUN: 11am-9pm
www.lapanthereverte.com

For bagels just check St. Viateur or Fairmount streets

SONORAMA

Record shop
260 Bernard West
514.273.5553
MON-WED: 10am-7pm - THU&FRI: 10am-9pm - SAT: 11am-6pm - SUN: 12pm-6pm
www.sonoramadisques.com

MUST-SEES IN MILE END

L'ATELIER CIRCULAIRE

Artist centre specializing in creation, research, distribution and education of art prints.
5445 de Gaspé #105
514.272.887
WED-SAT: 12pm-5pm
www.atelier-circulaire.qc.ca

MONASTIRAKI

Local gallery and curio shop
5478 St. Laurent
514.278.4879
WED: 12pm-6pm - THU&FRI: 12pm-8pm - SAT&SUN: 12pm - 5pm
<http://monastiraki.blogspot.ca>

OLD MONTRÉAL

Historically charged, Old Montréal may be the ancient soul of the city, but it has developed into a high end district for food, fashion and nightlife. From the avant-garde aesthetic offered by the free contemporary art gallery DHC/ART, and its sister complex Phi Centre, to internationally renowned restaurants, the old port makes for evocative strolls by day with opportunities to enjoy the waterfront, cafés and shops, and haunted adventures by night.

EATING IN OLD MONTRÉAL

LE CARTET

Brunch, lunch, take out and gourmet foods for sale - \$\$\$
106 McGill
514.871.8887
MON-FRI: 7am-7pm - SAT-SIM: 9am-4pm
www.lecartet.com

EUROPÉA BOUTIQUE

Delicious lunch box- \$\$-\$\$\$
33 Notre-Dame West
514.844.1572
MON-FRI: 8am-4h30pm
www.europeespaceboutique.ca

OLIVE & GOURMANDO

Simply perfect for an afternoon snack - \$
351 St. Paul West
514.350.1083
TUE-SAT: 8am-6pm
oliveetgourmando.com

MANGIA FOCO

The real italian pizza - \$\$\$
105 St. Paul West
514.419.8380
MON-FRI: 11:30am-2pm + 5pm-12am - SAT-SUN: 5pm-12am
www.mangiafoco.ca

AUBERGE ST-GABRIEL

To treat yourself - \$\$\$\$
426 St. Gabriel
514.878.3561
TUE&WED: 6pm-10pm- THU&FRI: 11:30am-2:30pm + 6pm-11pm - SAT: 6pm-11pm
www.aubergesaint-gabriel.com

SHOPPING IN OLD MONTRÉAL

ZONE ORANGE

Gallery and shop, with a lot of made in MTL
410 St. Pierre
514.510.5809
7/7 - 12pm-6pm
www.shop.galeriezoneorange.com

ROONEY

Men's and Women's fashion labels
395 Notre-Dame West / N^o101
514.543.6234
MON-WED: 11:30am-6pm - THU&FRI: 11:30am-8pm - SAT&SUN: 12pm-5pm
www.rooneyshop.com

REBORN

Male and Female designer labels
231 St. Paul West / suite 100
514.499.8549
MON-WED: 11am-6pm - THU&FRI: 11am-8pm - SAT: 10am-6pm - SUN: 12pm-6pm
www.reborn.ws

MUST-SEES IN OLD MONTRÉAL

DHC/ART

Free contemporary art foundation: worth a visit for the Chapman Brothers exhibit
51 St. Jean
514.849.3742
WED-FRI : 12pm- 7pm - SAT-SUN : 11am-6pm

PHI CENTRE

A gathering place for art and the EM15 by day venue
407 St. Pierre
514.225.0525
www.phi-centre.com for more information about events

TIPS AND TRICKS

RESTAURANTS

Be wise and reserve a table at the restaurant of your choice the day before you want to go.

It is common to add a 15% gratuity on top of the bill, calculated before taxes.

BIXI PUBLIC BIKE SYSTEM

BIXI is Montréal's public bike system. Accessible to everyone, 24 hours a day, 7 days a week.

24H ACCESS: \$7 CAD
72H ACCESS: \$15 CAD

You have the right to an unlimited number of trips in a 24 or 72-hour period. For each trip, the first 30 minutes are included. Usage fees will be charged for longer trips.

Visit <https://bixi.com/ride-with-bixi/functioning> to learn more about BIXI

Download the free BIXI application to locate BIXI stations all over the city

STM PUBLIC TRANSPORTATION SERVICES

You can easily move around Montréal by using public transportation. Metro stations are also renowned for their various designs, many of them dating to the Expo67 era.

There is affordable bus service from the airport to the city centre: Take the 747 bus - Airport P.-E. Trudeau - \$10 CAD.

Visit <http://www.stm.info/en> for bus and metro schedules. Download the free STM application to plan your travels around the city.

HABITAT 67

A master piece of the architect Moshe Safdie - Must see !
2600 Pierre-Dupuy Ave.

TAXI: HAILO APPLICATION

The free application HAILO is a simple, practical and affordable way to reserve a licensed taxi with your smartphone. You can order a taxi with two clicks and then follow in real time, the car's trajectory. The passenger only pays the fare shown on the meter, using either cash or credit card (MasterCard, Visa or American Express), with no additional or hidden fees. It's also possible to pay directly with a smartphone by adding card details in the 'account' section. A receipt is sent by email. Debit cards are not accepted.

For more information about HAILO, visit <https://hailocab.com/montreal/en>